

# Why Kids Play

## Why Kids Play Sports

- To Have Fun
- To Improve Skills & Learn New Ones
- To Be With Friends and Make New Ones
- To Feel the Excitement of Competition

## Why Kids Drop Out

- Conflict of Interest
- Lack of Playing Time
- Lack of Success
- Little Skill Improvement
- Lack of Fun
- Injuries
- Overemphasis on Winning
- Competitive Stress
- Too Much Criticism From the Coach

From "Being a SportParent:.. In SportParent, American Sport Education Program (p. 19-30), 1994, Champaign, IL: Human Kinetics Publishers, Inc. Copyright 1994 by Human Kinetics Publishers, Inc.

From SportParent Survival Guide - The Parent's Guide to Not Just Surviving Youth Sport-But Thriving in It! (p.3-8), 1994, Champaign, IL: Human Kinetics Publishers, Inc. Copyright 1994 by Human Kinetics Publishers, Inc.